

ADULT LEARNING								
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
<b>PRACTICAL SKILLS</b>								
Learn to Sew! - Sewing Basics						1.00pm-4.20pm		
Learn to Sew! - Intermediate		12.45pm-3.45pm				9.00am-12.20pm		
<b>LANGUAGES</b>								
EAL Pre-Intermediate (Level 2)	9.30am-1.00pm							
EAL Intermediate (Level 3)				9.30am-1.00pm				
EAL for Ukrainian Refugees		5.00pm-8.00pm		5.00pm-8.00pm				
English Conversation	Not running this term. Express your interest with us for term 3, 2024							
Frenchly Speaking <small>(Check term dates via our website)</small>	6.00pm-7.30pm <i>(Intermediate)</i>	6.30pm-8.00pm <i>(Advanced Level A)</i>	6.30pm-8.00pm <i>(Beginners)</i>	5.30pm-7.00pm <i>(Advanced Level B)</i>				
<b>DIGITAL LITERACY</b>								
Mobiles, iPads & Other Devices		12.30pm-2.30pm <i>(Starts 21 May)</i>						
Mobile Phones & iPads in Russian			10:00am-12.00pm					
Beginner Computers in Russian	12.00pm-2.00pm <i>(Zoom)</i>							
Intermediate Computers in Russian	10.00am-12.00pm <i>(Zoom)</i>							
Troubleshooting in Russian				10.00am-12.00pm <i>(Zoom)</i>				
<b>LOCAL SERVICES</b>								
Venue Hire	8.00am-10.00pm Monday - Sunday							
Internet Café & Printing	9.15am-4.30pm Monday - Thursday							

Office hours:  
Mon-Thurs 9.15am - 4.45pm

We are an ASRC drop off point.  
Donate anytime during our office hours.

Donate to ESNLC or become a Member  
During office hours or at [www.esnlc.com.au](http://www.esnlc.com.au)

CONNECT & GROW							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SUSTAINABILITY</b>							
Elwood Kitchen Library				5.30pm-7.00pm		10.30am-12.00pm	
Elwood Toy Library			9.30am-11.30am		9.30am-11.30am	9.30am-11.30am	
Elwood Kitchen Garden					10.30am-12.30pm		
<b>CREATIVITY</b>							
Craft Club			10.30am-2.30pm				
Life Drawing				7.30pm-9.20pm			
Elwood Book Club						4.00pm-6.00pm <i>(third Sat of the month)</i>	
Elwood Choir <small>(Check term dates via our website)</small>			7.30pm-8.30pm				
Roomers Program		10.30am-12.30pm					
<b>HEALTH &amp; WELLBEING</b>							
Yoga	12.30pm-1:30pm	6.30pm-7.45pm		6.30pm-7.45pm			
Feldenkrais			2.00pm-3.00pm <small>(4 Oct - 20 Dec)</small>				
Kadampa Meditation <small>(Check term dates via meditateinmelbourne.org)</small>	7.00pm-8.00pm						
All Abilities Art Therapy					1.00pm-3.00pm <small>(6 Oct - 8 Dec)</small>		
Overeaters Anonymous (OA)							10.30am-12.30pm <small>(first Sun of the month)</small>
Narcotics Anonymous (NA)		7.30pm-8.30pm					
Alcoholics Anonymous (AA)			6.00pm-7.00pm	7.30pm-8.30pm			

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