

## Term 4 2025

6 October to 19 December

### Program schedule

Elwood St Kilda Neighbourhood Learning Centre

87 Tennyson Street, Elwood 3184

Ph: 03 9531 1954 E: reception@esnlc.org.au

ADULT LEARNING - BOOKINGS ESSENTIAL							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>PRACTICAL SKILLS</b>							
Learn to Sew! - Intermediate						9.00am-12.20pm <i>(11 Oct to 13 Dec Excl. 1 Nov)</i>	
Learn to Sew! - Intermediate		12.50pm-4.10pm <i>(7 Oct to 9 Dec Excl. 4 Nov)</i>				1.00pm-4.20pm <i>(11 Oct to 13 Dec Excl. 1 Nov)</i>	
<b>LANGUAGES</b>							
EAL Pre-Intermediate (Level 2)	9.30am-1.06pm <i>(6 Oct to 8 Dec)</i>						
EAL Intermediate (Level 3)				9.30am-1.06pm <i>(9 Oct to 11 Dec)</i>			
EAL for Ukrainian Refugees		5.00pm-8.00pm <i>(L1, 7 Oct to 16 Dec.)</i>		5.00pm-8.00pm <i>(L2, 9 Oct to 11 Dec)</i>			
Frenchly Speaking <i>(Check term dates via our website)</i>	6.00pm-7.30pm <i>(Intermediate L4)</i>	6.30pm-7.30pm <i>(Beginners L4)</i>	6.30pm-7.30pm <i>(Intermediate L2)</i>				
<b>DIGITAL LITERACY</b>							
Mobiles, iPads & Other Tablets <i>(Pre-intermediate)</i>		10.00am-12.00pm <i>(7 Oct to 16 Dec. Excl. 4 Nov)</i>					
Intro to MS Word & Excel				10.00am-12.00pm <i>(9 Oct to 11 Dec)</i>			
Mobile Phones & iPads in Russian			10.00am-12.00pm <i>(15 Oct to 17 Dec)</i>				
Beginner Computers in Russian <i>(13 Oct to 15 Dec)</i>	12.00pm-2.00pm <i>(Zoom)</i>						
Intermediate Computers in Russian <i>(13 Oct to 15 Dec)</i>	10.00am-12.00pm <i>(Zoom)</i>						
Troubleshooting in Russian <i>(14 Oct to 23 Dec. Excl. 4 Nov)</i>		11.00am-1.00pm <i>(Zoom)</i>					
<b>LOCAL SERVICES</b>							
Venue Hire	7.00am-10.00pm Monday - Sunday <i>(365 days a year)</i>						
Internet Café & Printing	9.15am-4.30pm Monday - Thursday						

Office hours:  
 Mon-Thurs 9.15am - 4.45pm

We are an ASRC drop-off point.  
 Donations accepted between 9:30am - 4:30pm.

Donate to ESNLC or become a Member  
 During office hours or at [www.esnlc.com.au](http://www.esnlc.com.au)

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CONNECT & GROW							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SUSTAINABILITY</b>							
Elwood Kitchen Library				5.30pm-7.00pm		10.30am-12.00pm	
Elwood Toy Library			9.30am-11.30am		9.30am-11.30am	9.30am-11.30am	
Elwood Kitchen Garden					10.30am-12.30pm		
<b>CREATIVITY</b>							
Social Craft Club			10.30am-2.30pm				
Life Drawing				7.30pm-9.20pm			
Calming Art Workshops							3.00pm-5.00pm (Oct 5, 9 Nov, 7 Dec)
Elwood Book Club						4.00pm-6.00pm (third Sat of each month)	
Elwood Choir (Runs on dates of school terms.)			7.30pm-9.00pm				
Roomers Creative Writing Program				1.30pm-3.50pm (check dates with office)			
<b>HEALTH &amp; WELLBEING</b>							
Yoga	12.30pm-1.30pm	6.30pm-7.45pm		6.30pm-7.45pm			
Pilates with Antoinette	3.30pm-4.30pm		12.30pm-1.30pm				
Feldenkrais			2.00pm-3.00pm				
Kadampa Meditation (Check term dates via meditateinmelbourne.org)	7.00pm-8.00pm						
Art with Damian for adults with disabilities					1.00pm-3.00pm (10 Oct - 12 Dec)		
Overeaters Anonymous (OA)							11.00am-12.15pm (first Sun of the month)
Narcotics Anonymous (NA)		7.30pm-8.30pm					
Alcoholics Anonymous (AA)			6.00pm-7.00pm 7.30pm-8.30pm	7.30pm-8.30pm			

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