

ADULT LEARNING							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>PRACTICAL SKILLS</b>							
Learn to Sew! - Sewing Basics						1.00pm-4.20pm <i>(1 Feb to 5 Apr, Ex. 8 Mar)</i>	
Learn to Sew! - Intermediate		12.45pm-3.45pm <i>(28 Jan to 1 Apr)</i>				9.00am-12.20pm <i>(1 Feb to 5 Apr, Ex. 8 Mar)</i>	
<b>LANGUAGES</b>							
EAL Pre-Intermediate (Level 2)	9.30am-1.30pm <i>(3 Feb to 7 Apr Ex. 10 Mar)</i>						
EAL Intermediate (Level 3)				9.30am-1.06pm <i>(30 Jan to 3 April)</i>			
EAL for Ukrainian Refugees		5.00pm-8.00pm <i>(28 Jan to 1 Apr)</i>		5.00pm-8.00pm <i>(30 Jan to 3 April)</i>			
Frenchly Speaking <i>(Check term dates via our website)</i>	6.00pm-7.30pm <i>(Intermediate L4)</i>	6.30pm-7:30pm <i>(New Beginners)</i>	6.30pm-8.00pm <i>(Intermediate L1)</i>	5.30pm-7.00pm <i>(Advanced Level B)</i>			
<b>DIGITAL LITERACY</b>							
Mobiles, iPads & Other Tablets		10.00am-12.00pm <i>(28 Jan to 1 Apr)</i>					
Mobile Phones & iPads in Russian			10:00am-12.00pm <i>(29 Jan to 2 Apr)</i>				
Beginner Computers in Russian <i>(20 Jan to 7 Apr. Excl. 27 Jan, 10 Mar)</i>	12.00pm-2.00pm <i>(Zoom)</i>						
Intermediate Computers in Russian <i>(20 Jan to 7 Apr. Excl. 27 Jan, 10 Mar)</i>	10.00am-12.00pm <i>(Zoom)</i>						
Troubleshooting in Russian <i>(30 Jan to 3 Apr)</i>				10.00am-12.00pm <i>(Zoom)</i>			
<b>LOCAL SERVICES</b>							
Venue Hire	7.00am-10.00pm Monday - Sunday <i>(365 days a year)</i>						
Internet Café & Printing	9.15am-4.30pm Monday - Thursday						

CONNECT & GROW							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SUSTAINABILITY</b>							
Elwood Kitchen Library				5.30pm-7.00pm		10.30am-12.00pm	
Elwood Toy Library			9.30am-11.30am		9.30am-11.30am	9.30am-11.30am	
Elwood Kitchen Garden					10.30am-12.30pm		
<b>CREATIVITY</b>							
Craft Club			10.30am-2.30pm				
Life Drawing				7.30pm-9.20pm			
Calming Art Workshops							3.00pm-5.00pm (3 Mar, Apr 6)
Elwood Book Club						4.00pm-6.00pm (third Sat of the month)	
Elwood Choir <small>(Check term dates via our website)</small>			7.30pm-8.30pm				
Roomers Creative Writing Program				1:30pm-3:42pm <small>(check dates with office)</small>			
<b>HEALTH &amp; WELLBEING</b>							
Yoga	12.30pm-1:30pm	6.30pm-7.45pm		6.30pm-7.45pm			
Pilates with Antoinette			12.30pm-1.30pm				
Feldenkrais			2.00pm-3.00pm				
Kadampa Meditation <small>(Check term dates via meditateinmelbourne.org)</small>	7.00pm-8.00pm						
All Abilities Art Therapy					1.00pm-3.00pm (31 Jan to 4 Apr)		
Overeaters Anonymous (OA)							11.00am-12.15pm (first Sun of the month)
Narcotics Anonymous (NA)		7.30pm-8.30pm					
Alcoholics Anonymous (AA)			6.00pm-7.00pm 7.30pm-8.30pm	7.30pm-8.30pm			

Office hours:  
Mon-Thurs 9.15am - 4.45pm

We are an ASRC drop off point.  
Donate anytime during our office hours.

Donate to ESNLC or become a Member  
During office hours or at [www.esnlc.com.au](http://www.esnlc.com.au)