Issue 11 February 2020

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Dear << Test First Name >>

All our classes have started again and we are very busy with the introduction of a new strategic direction incorporation Environmental Sustainability for the Community.

YOU'RE INVITED TO A FREE BREASTSCREEN VICTORIA INFORMATION SESSION



Find out about:

- Breast health: common risk factors and signs of cancer
- · Breast screening: the importance of early detection
- · How to book: make a free BreastScreen appointment
- · BreastScreen Victoria Mobile Screen Van in St Kilda

MONDAY 24TH FEBRUARY DATE:

7:00 - 8:00PM

LOCATION: ELWOOD ST KILDA NEIGHBOURHOOD

LEARNING CENTRE



FREE BREAST SCREENING COMING TO ST KILDA

Information night at ESNLC on Monday 24th February at 7pm-8pm- For more information or to book call 9531 1954.

Over 50? Do you live or work in the City of Port Phillip? Get your free breast screen in St Kilda

From 16 March to 01 April, the high-tech BreastScreen Victoria van will be in St Kilda

If you're aged 50-74, a breast screen every two years could save your life. Breast screens are the best way to find cancer early—before there are symptoms and when treatment is most successful.

The hot pink screening van travels the state giving free breast screens—with the same digital imaging technology as all clinics, and friendly staff who are happy to answer any questions or concerns.

Breast screens are always with a female radiographer—no GP referral or Medicare card needed, and they only take 10 minutes.

The van will be located at **St Kilda Triangle Carpark** (10 Lower Esplanade, St Kilda) from **16 March to 01 April 2020**.

To book your breast screen on the mobile screening van or at any of our other clinics across Victoria, visit breastscreen.org.au or call 13 20 50.

Remind the women in your life over 50 to have their screen too!

Community Engagement Program between Elwood College and Elwood Neighbourhood House 2019

Throughout 2019, on a fortnightly basis, between 5-7 Year 11 students spent an hour at the Neighbourhood House to engage with community and contribute meaningfully to community. On these visits there was opportunity to engage with three different groups; Linking Neighbours Seniors, English as an additional language Class (Beginner Adults) and other members such as Toy

Library Coordinator & Port Phillip Men's shed people and other volunteers. Here is the feedback from Elwood College:

As a school, we saw the partnership between ESNLC and Elwood College as a very positive and productive one for our school and our students. We strongly believe that the interactions, opportunities and experiences our students had at your centre helped extend our students in ways beyond what is typically possible within a regular classroom setting. Specifically, we believe these experiences helped foster a sense of empathy and understanding for our students for people outside of their regular social circles and promoted and assisted us is promoting our school values of respect, integrity, care and compassion.

The feedback we received from students was overwhelmingly positive. Students often emerged from the centre asking whether they could come again and their report reflections on their experiences confirmed this. The feedback was particularly positive about activities involving directing interactions with members of the community - English classes for migrants, Linking Neighbours and Assisting Seniors with technology.

We would love to continue this partnership into 2020 with next year's Year 11 students and several of this year's Year 11 students have indicated that they would like to become involved again in some capacity during their Year 12 year.

In terms of aspects to improve, many of them come from our side, but one thing we would appreciate would be knowing how many students would be ideal for the different activities. We would look to try to better organise ourselves earlier regarding student sign-ups. We would also intend to continue having the students write up post-event reflections and could look to share these with ESNLC after the reports go out each semester. The photos from the experiences at your centre will be featured proudly at our school's presentation evening this year as a highlight of the Year 11 program as selected by the student leaders.







FREE Car seat safety checks

On behalf of Elwood Community Playgroup we are taking bookings for Free child restraint checks.

Thanks to a VicRoads Community Road Safety Grant & Elwood Community Playgroup we are delighted to be offering FREE child restraint checks all members of our community. The next check will take place Friday 28th of February from 9am to 4pm.

Barry Gordon will be performing the checks which will take place at ESNLC, 87 Tennyson Street, Elwood.

Elwood St Kilda Neighbourhood Learning Centre will take phone bookings for this so please contact us asap during office hours Monday to Thursday from 9.30-4.30pm on 9531 1954 to book your spot or please make a comment on the Facebook event page.

→BRING \$30 cash to pay for replacement straps or clips, if needed. Remember he can't show you how to refit a seat if the seat is not safe or legal.
→ Parent/Carer must be present when restraint is checked and an element of the day includes education and empowerment of those attending.
☐Only restraints that meet Australian Standards, have a sticker and less than

deems it unsafe.



https://www.vicroads.vic.gov.au/.../vehicle-.../child-restraints

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